

Basic Health Screening

1. Body Composition Analysis

- Height & Weight, Body Mass Index
- Body Fat
- Edema Examination

2. Clinical Examination

Complete

- Examination of Heart, Lungs & Abdomen
Rectal Examination
- Measurement of Blood Pressure
- Neurological & Musculoskeletal Examination

3. Full Blood Count

- Haemoglobin
- Total RBC Count
- Total WBC Count
- Differential Count
- Platelet Count
- Haematocrit
- Red Cell Index (MCV)
- Peripheral Blood Film
- Sedimentation Rate (ESR)
- Iron

4. Lipid Studies

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- Triglycerides
- Cholesterol Index

5. Gout

- Uric Acid

6. Liver Indirect Bilirubin

- Serum Bilirubin
- SGPT
- SGOT
- SGGT
- Alkaline Phosphatase
- Total Proteins
- Albumin
- Globulin
- Albumin / Globulin Ratio

7. Diabetes

- Sugar
- HBA1C

8. Kidneys

- Creatinine
- Urea
- Sodium
- Potassium
- Chloride
- Bicarbonate

9. Thyroid Disease

- TSH
- FT4

10. Osteoporosis

- Calcium
- Phosphate

11. STD Screening

- VDRL (TPHA if VDRL is positive)

12. Cancer-Marker Studies

- CEA (Lung / GIT / Kidneys / Breasts / Pancreas)
- AFP (Liver)
- EBV-EA-EBNA-1 (Nose)
- CA 15.3 (Breasts)
- CA 19-9 (Pancreas)
- CA 125 (Ovary)
- Beta HLG

13. Hepatitis

- Hepatitis A Antibodies
- Hepatitis B Antigen & Antibodies
- Hepatitis C Antibodies

14. High Sensitive CRP

15. Muscle Enzyme CPK

16. Urine Analysis

- Urine FEME

17. Stool Examination

- For Occult Blood (GIT cancer)
- For Parasites